



ISSN: 2456-4419

Impact Factor: (RJIF): 5.18

Yoga 2020; 5(1): 106-107

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Received: 22-11-2019

Accepted: 02-01-2020

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## An assessment study of facilities in physical education institution

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### Abstract

Physical Education and Sports forms an important part of educational system. In India physical has been included in the college curriculum for conducting games and sports for the students of college level. Physical education in college requires facilities in the form of playground, equipments, libraries, laboratories, halls, swimming pool, athletics, yoga, sports and games and health related physical fitness and motor fitness etc., are accepted as the essential and standard facilities. Facilities are the basic need to make a program successful. Facilities should be designed with one common purpose in view to serve particular kinds of educational programs. Long-range effective physical education and sports facilities are the result of thorough and well organized planning. The time, effort and expenditure thus, invested will be amplified manifold in functional facilities, necessitating the use of extensive equipment and service facilities. A well-organized plan for a purposed structure therefore helps to clarify the priority of needs and hastens the decision to provide the facilities.

In the sports environment sports fields and facilities have a special and privileged significance. There are certain factors which determine the quality of education services with respect to sports education are physical structure and equipment, human resources, financial sources, regulations, training programs, sports facilities, culture and scientific, cultural and sportive activities. Developing and popularizing of sports in the society is only possible through the existence of facilities. In order to ensure an efficient training process, the facility must be of an adequate size, aesthetically pleasing, sufficiently well lit, sufficiently heated, and sufficiently ventilated, and must include specialized equipment required to carry out training activities, must be protective of human health and must have technological innovations with respect to tools and equipments.

**Keywords:** Facilities, physical education, institution

### Introduction

Physical education and sports forms an important part of educational system. In India physical education has been included in the school and college curriculum for conducting sports and games for the students at school and college level. Physical education is the only profession where one talks as well as play/perform. Abraham Lincoln quoted in one of his address, "Sportsmen is the best Ambassador of the Nation." Hence, the physical education director/teacher can also be the best Ambassador of an institution/university.

Physical education in college requires facilities in the form of playground, equipment's, libraries laboratories, halls, swimming pool, athletics, yoga, sports and games and health related physical fitness and motor fitness etc., are accepted as the essential and standard facilities. Recent trends revealed that to enrich the programme, physical education institutions demands for enough space and allied facilities. It has also been experienced that such facilities and recent curriculum implement are largely responsible for the success of the program. Although ample research reports are available about the status of facilities of secondary schools, however, the status of physical education at college level is not properly known, more specifically the information about the availability of facilities of physical education at colleges are not known. The present study is to know about the present status of physical education institutions. Facilities are the basic need to make a program successful. Facilities include playgrounds, equipment, gymnasium hall, swimming pools etc. The achievement of the program aim depends on the available facilities. Types of facilities are bound to change from place to place; facilities should be designed and constructed with one central purpose in view, i.e., to serve particular kind of educational programs.

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Long range planning for physical education facilities is a continuous process of anticipating and preparing to meet facility needs. Functional facilities are the result of the thorough and well organized planning.

Facilities should be designed with one common purpose in view to serve particular kinds of educational programs. Long-range effective physical education and sports facilities are the result of thorough and well organized planning. The time, equipment and service facilities. A well-organized plan for a purposed structure therefore helps to clarify the priority of needs and hastens the decision to provide the facilities.

Sports fields and facilities have a special and privileged importance in the sport environment. This is due to the fact that sports facilities established the place for carrying out sports activities. Parallel to the rapid development of sports in the world, it has become necessary to make structural and functional changes in relevant facilities in time, depending on the variety of types of sports, and the differences in their places and styles of application. As a natural outcome of the process, today, a vast variety of sports facilities in terms of their types and sizes are in the process of being built.

It is a fact that the most important factor that needs to be taken into account for the development of the education system is quality. Quality of education is acknowledged as the way, through which education realizes its objectives and functions, or the degree to which extent it is able to do so. There are certain factors which determine the quality of education services with respect to sports education. Physical structure and equipment, human resources, financial sources, regulations, training programs, sports facilities, culture and scientific, cultural and sportive activities are among the most important of these factors. Ensuring that these factors are at a high level in terms of their quality and quantity helps shape the targeted student profile. In the present study, we aimed to determined that sports facilities are extremely important for the quality of education for physical education / sports education.

Developing and popularizing of sports in the society is only possible through the existence of facilities. Physical education in India is provided under various names by various institutions. Physical education is indispensable for any achievement in sports. Improvement and development of sports depends on increasing the number and putting into operation of sports facilities, in addition to scientifically established training programs.

Physical education, sports facilities, usage of materials, tools, equipment and technology as parts of the concept of education are becoming more of an issue for educators. However, it is known that important problems exist in our country in this regard. In order to be able to solve these problems, determining and analyzing them is of utmost importance. Competency of sports facilities in sports institutes in terms of their quality and quantity increases the training quality and it is also of importance for both the students and the teachers.

## **Definition**

A sports facility is defined as a structure, field and areas which can accommodate specific work outs, training as well as national and international competitions of various sports activities and branches; and which can meet the athletes' and views' needs before and during sports activities (tribune, rest rooms, showers, dressing rooms, etc.).

## **Conclusion**

It is concluded that the lack of sports facilities decreased the quality of training. We may propose the idea that sports institution should not be opened before their infrastructures in terms of sports facilities, tools, equipment and personnel are completed. The future of a country depends on knowledgeable young generations that will be raised in an efficient and productive manner i.e., in a quality manner. Institutions which provide physical/sorts education must ensure an efficient and fruitful education opportunity for individuals who are taking physical / sports education. These opportunities and the physical environment of educative activities must be suitable for the students' needs as well as the training activities. In order to ensure an efficient training process, the facility must be of adequate size, aesthetically pleasing, sufficiently well lit, sufficiently heated, and sufficiently ventilated; and must include specialized equipment required to carry out training activities must be protective of human health and must have technological innovations with respect to tools and equipment.

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