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## Indigenous martial arts in Karnataka: Growth and opinions of martial artists towards decline

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### Abstract

India is a cultural heritage country. In which many youths involve in playing martial arts. In Karnataka many martial arts like wrestling vajramustikalaga, kattivarase, mallakamb, kombuvarase and donnevarase were very regular at ancient time. But now a day's many of the youths attracted by modern activities and western games like cricket, volleyball, basketball, tennis etc and are not interested to involving in the indigenous martial arts activities. As the research is related to Karnataka state, it is delimited to Bangalore, Mysore, Belagavi, Bijapur, Bagalakot, Kalburgi, Ramanagar, Chitradurga and other regions of Karnataka. Simple random technique was used to select the martial artists. 230 martial artists were selected from various forms of martial arts.

The questionnaires prepared by the researcher in consultation with the guide were used to collect the data from the martial artists. The percentile statistics was used by preparing frequency table and histogram representation. The martial artists were having the opinions that martial arts should be included in the school and college curriculum and proper encouragement should be given by conducting competitions at various levels.

**Keywords:** Martial arts of Karnataka reason, present position, opinions of martial artists (players) for the failure of these martial arts etc.

### 1. Introduction

By the influence of western games like tennis, cricket, football, basketball and volleyball, students are interested in such a games and lost their interest in involving in indigenous martial arts like ManninKusti, VajramustiKalaga, Kattivarase, Mallakamb, Kombuvarase and Donnevarase. Therefore the efforts must be made by the government for the strengthening of these martial arts. The opportunities for practicing these martial arts activities must be held open for all human beings especially the school going girls and boys.

### 2. Methodology

As the present research topic is the martial arts of Karnataka: origin growth and decline. The collection of data was delimited to Bangalore, Mysore, Belagavi, Chitrdurga, and other divisions of Karnataka. The samples (martial artists) were collected on the stratified random sampling techniques.

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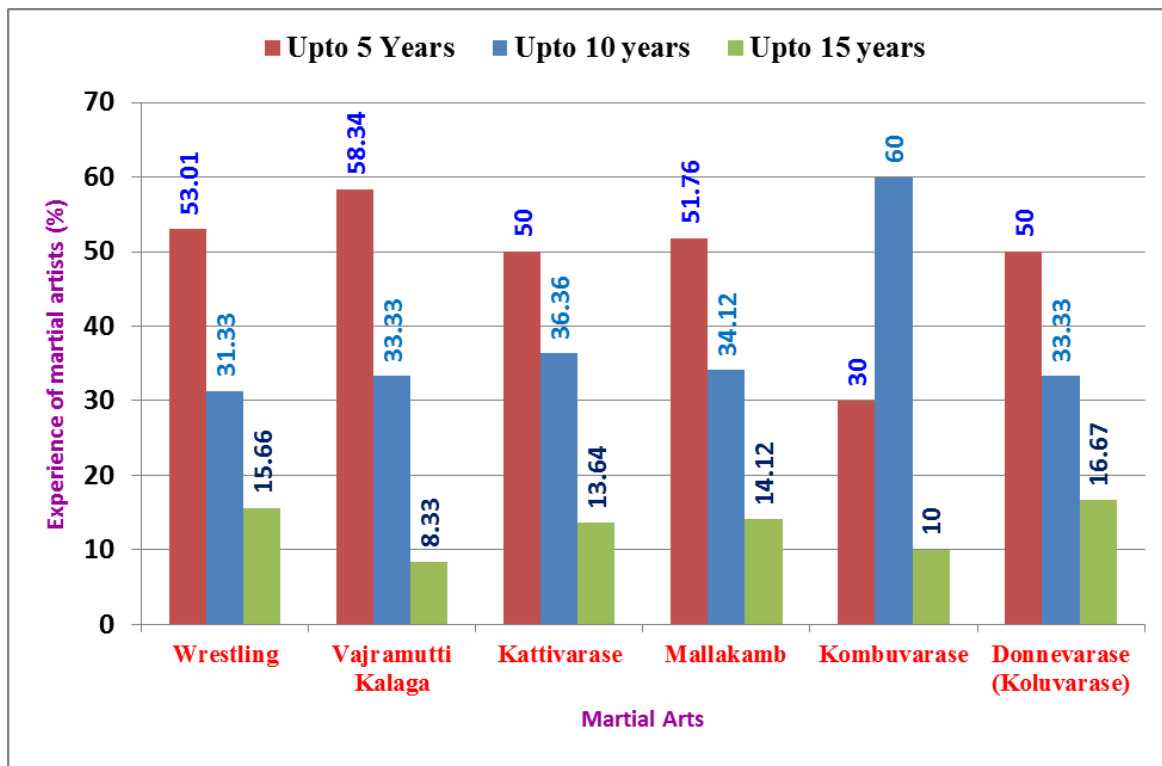
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**Table 1:** Table showing the samples of martial artists (players) of various martial arts and their experience.

Martial Arts		Experience of martial artists			Total
		Upto 5 Years	Upto 10 years	Upto 15 years	
1. Wrestling	No	44	26	13	83
	%	53.01	31.33	15.66	100
2. Vajramutti Kalaga	No	7	4	1	12
	%	58.34	33.33	8.33	100
3. Kattivarase	No	11	8	3	22
	%	50	36.36	13.64	100
4. Mallakamb	No	44	29	12	85
	%	51.76	34.12	14.12	100
5. Kombuvarase	No	3	6	1	10
	%	30	60	10	100
6. Donnevarase (Koluvarase)	No	9	6	3	18
	%	50	33.33	16.67	100
Total	No	118	79	33	230
	%	51.30	34.35	14.35	100

The above table reveals that totally 230 martial artists (players) were selected for the standing out of which 83 from wrestling, 12 from vajramutti kalaga, 22 from Kattivarase,

85 from Mallakamba, 10 from Kombuvarase and 18 from Donnevarase were selected.



**Diagram-1:** Diagram showing the samples of martial artists of various martial arts and their experience.

**2. Hypothesis**

It is hypothesized that:

1. Ancient and historical martial arts activities were inclined due to the influence of western of games.
2. In the modern society, due to the social changes the martial arts were ruined.
3. The main reason for the decline of martial is that, they are not included in the school and college curriculum.
4. The governmental agencies are not working properly for the development of these martial arts.
5. The modern life style is the main reason for the declines of martial arts.

**2.3. Data Collection**

The questionnaires prepared by the researcher were

adminstrated on martial artists of these martial arts. The questionnaires comprised of questions regarding the opinions of martial artists about the facilities are label tack of coaches, lack of sponers and the help from the government towards the development of martial arts.

**2.4. Statistical Technique**

Frequency tables are tabulated and percentile statistical techniques were followed for the analysis of the data.

**3. Analysis and interpretation**

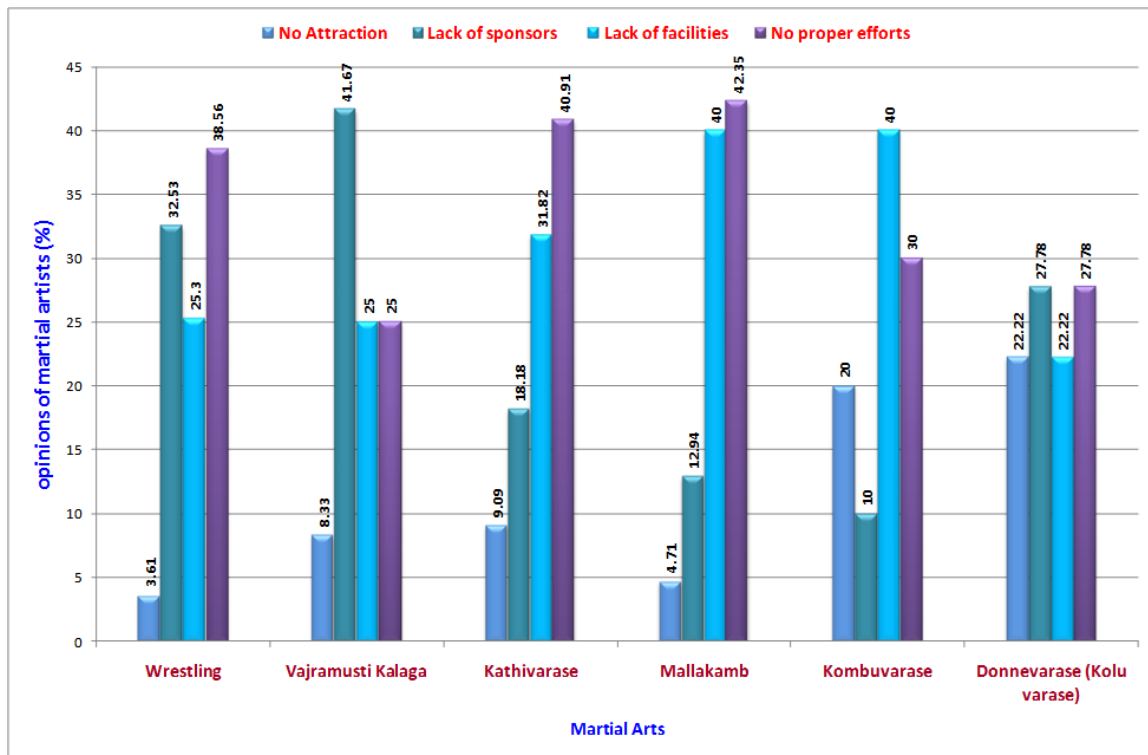
The questionnaires are administered on 230 martial artists of various martial arts and these the regarded information was collected reasons for the failure of martial arts were formed.

**Table 2:** Table showing the opinions of martial artists for the failure of these martial arts.

Martial Arts		Experience of martial artists (players)				Total
		No Attraction	Lack of sponsors	Lack of facilities	No proper efforts	
1. Wrestling	No	3	27	21	32	83
	%	3.61	32.53	25.30	38.56	100
2. Vajramutti Kalaga	No	1	5	3	3	12
	%	8.33	41.67	25.00	25.00	100
3. Kattivarase	No	2	4	7	9	22
	%	9.09	18.18	31.82	40.91	100
4. Mallakamb	No	4	11	34	36	85
	%	4.71	12.94	40.00	42.35	100
5. Kombuvarase	No	2	1	4	3	10
	%	20.00	10.00	40.00	30.00	100
6. Donnevarase (Koluvarase)	No	4	5	4	5	18
	%	22.22	27.78	22.22	27.78	100
Total	No	16	53	73	88	230
	%	6.96	23.04	31.74	38.26	100

From the above table it is understood that 6.96% of martial artists opines the martial arts activates are not so attractive 23.04% of martial artists opines lack of sponsors, 31.74% lack

of facilities and 28.28% of martial artists opines these were no proper efforts from the government. The same is bring represented in the diagram-2.



**Diagram 2:** Diagram showing the opinions of martial artists for the failure of these martial arts.

**4. Conclusion**

From the study it was found that many martial artists (players) opines, there were no proper efforts from the government, some martial artists opines due to lack of facilities some portion of the samples opined lack of sponsors and very little number of martial artists opines that these martial arts activities are not so attractive.

**5. Recommendations**

On the basis of the findings and the conclusions made above, the below mentioned recommendation were made.

1. Sufficient facilities should be provided at taluka, district and state levels.
2. Sponsors should come forward to conduct the competition.
3. These martial arts should be included in the school and college curriculum.

4. Proper efforts must be made by the government in developing these martial arts.

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