



ISSN: 2456-4419

Impact Factor: (RJIF): 5.18

Yoga 2017; 2(2): 245-247

© 2017 Yoga

www.theyogicjournal.com

Received: 16-05-2017

Accepted: 17-06-2017

Dr. Kulbir Singh

Assistant Professor

GHG Khalsa College, Gurus

Sadhar, Ludhiana, Punjab,

India

Case study shaheed kanshi ram college of physical education Bhagoo Majra, Kharar, Mohali

Dr. Kulbir Singh

Abstract

The Purpose of this study is to investigate the achievements of Shaheed Kanshi Ram College of Physical Education Bhagoo Majra, Kharar, Mohali. Case study and interview method were used by the investigator, Data were collected from the primary resources i.e from Teachers, Students and Members of management committee of college. The findings of the study have been presented in 09 section. College has eight rooms, seven laboratories and a library having more than 4000 books in physical Education and other allied areas catering to the need of about 350 members [both faculty and students]. This college is spread over 26 acres of land have different tracks. College has 2 boy's hostels and 2 girl's hostels. There are 18 faculty members who deal with teaching learning process and six non-teaching staff members for doing clerical work and seven fourth class members. College shows great achievements in different fields like in education, in sports and games and also co-curriculum activities.

Keywords: Breath, Mind, Misconceptions, Fainting fits, Obstnacy

Introduction

In India, the history of physical education dates back to the Vedic era. Physical culture in ancient India was fed by powerful fuel-religious rites. There were some well defined values like the mantra in the Atharva Veda, saying, "Duty is in my right hand and the fruits of victory in my left." In terms of an ideal, these words hold the same sentiments as the traditional Olympic oath: "..... For the Honour of my country and the glory of sports". The famous of the Olympic idea had very much in mind when they were deciding on the various discipline.

Shaheed Kanshi Ram College of Physical Education, Bhagoo Majra, Kharar, and District Mohali, was taken from the name of Gaddri Shaheed Pandit Kanshi Ram of village Marori Kalawan, Near Morinda, Punjab. He was the famous accountant of the Gaddar Party and was hanged on 27th March, 1915 by the British Government. Mr. Samsher Singh Josh was the founder of this college. This eminent personality was the Member of Parliament at that time. He took responsibilities of college as a chief and established a Parbandak committee for the welfare of the college.

During this year the college was started with 150 students for certificate course in Physical Education. Then this college converted into vocational, boarding and collaborative institution for the students. Before the establishment of the college all the necessities were fulfilled like the appointment of principal, teaching and non-teaching staff and students, class room etc were built. These all necessities were maintained with the help of funds which were provided by Mr. Josh and his co-workers. In the year 1976-77 this college got affiliation from Punjabi University Patiala.

Shaheed Kanshi Ram College of Physical Education is a premier Government Aided Post Graduate institution in Northern India and affiliated with Punjabi University, Patiala, this institute is paramount in academic as well as in sports.

The college not only providing the degree for catering to career of teaching or coaching but also providing career oriented courses and profession degrees in the area of physical education is also promoting by the college. It also maintains the culture heritage of India. The traditional physical culture studying by scientifically in the college.

Correspondence

Dr. Kulbir Singh

Assistant Professor

GHG Khalsa College, Gurus

Sadhar, Ludhiana, Punjab,

India.

The college campus is spread over 26 acres land. The administrative block houses, Principal's office, administrative office, teaching staff room, class rooms, and library and toilet facilities are available in the campus. The institution has separate hostels for boys and girls and also a master plan which ensures sufficient hostels for boys and girls and also a master plan which ensures sufficient space for future expansions. Many proposals have been submitted by the institution to the concerned authorities for approvals so that the new infrastructure and facilities can be provided in the institution. The contribution of Alumni Association, aren't Teacher Association and Developmental grant received from UGC are also used for this purpose. There are more than 25 playgrounds as per NCTE norms, multipurpose gym, fitness centre and special purpose hall along with required equipments, instructions and furniture. The games and sports facilities provided are 400 meter Athletic Track, Badminton, Basket Ball, Fencing, Hand Ball, Hockey, Kabaddi, Kho-Kho, Net Ball, Soft Ball and Volleyball. The indoor facilities are Gymnastics, Weight Lifting, Wrestling, Table Tennis, Yoga Judo etc. the college Dispensary has a full-time doctor and paramedical staff.

Library has total collection of 4000 books and is fully computerized. The institution has anatomy lab, psychology lab with sufficient numbers of charts, diagrams, models, tests, and apparatus. Every year's students are encouraged to appear in the NET, SLET examination and they perform creditably in them.

At present Dr. Bhupinder Singh is principal of this Institution. Total numbers of faculty members twenty four consist of permanent and adhoc. Strength of students is above three hundred. The institution has sufficient infrastructure and faculty to run above courses.

The college was assessed by NAAC in March 2006.

Significance of the study

1. Through this investigation the development made by administration of Shaheed Kashi Ram College of Physical Education, Bhagoo Majra, Kharar will be made clear.
2. This study will help the other institution to improve infrastructures and other facilities required for running of Physical Education College.
3. This investigation will provide the guidance to other institutions in training of Physical Education Teacher.

Objectives of Study

1. To study the contribution of the institution in the field of physical education.
2. To investigate the infrastructure available for practical classes and theory classes.
3. To study the achievement of sports of various level.
4. To study the facilities for students.

Delimitations

1. Study was delimited to Shaheed Kashi Ram College of Physical Education, Bhagoo Majra, Kharar.
2. The study was delimited on the present students only.
3. Study delimited to faculty member, coaches and principal of the college.
4. The study was delimited on the present committee members.
5. The study was delimited to sports achievement and academic achievements of college in the year 2006-2007 only.

Design of Study

Case study and interview method were used by the investigator to study Shaheed Kashi Ram College of Physical Education Bhagoo Majra, Kharar, Mohali.

Collection of the Data

Data of investigation were taken from the primary resources, these were employer, students and members of management committee of the college.

Present Staff of the Institute

To get the first hand information investigator visited the institute and takes the detail information of present running physical education course, background of the college. Investigator met also to the chairman of the management and other committee member and employment of the institute the collection of data was done by conducted questionnaire based face to face interview. The focus of the interview was mainly around history, environment, facility, education, motivation, factors, training schedule technique, training days and sports infrastructure available in the college.

Pictorial Record

Various type of photograph were investigated. Some of photograph used as relevant document for the study.

Analysis and interpretation of the data

Data collecting through primary resource was analyzed by qualitatively.

Tool used

Questionnaire based direct interview method were used.

Analysis of the Data/Information

The purpose of this study to investigate the achievements of Shaheed kansi College of Physical Education and contributions forwards the promotions of sports in the country. Thus, the data and Information was collected as per the design elaborated in the procedure chapter, which were further subjected to analysis and interpretive analysis. The findings of the study have been presented in nine sections.

Academic Achievements of Faculty Members

Research work: - Under the table guidance of Dr. Bhupinder Singh Ghuman principal of S.K.R College of physical education, Sh. Sukhdev Singh got of the degree for Phd. Dr. Satpal Kaur Kalsi has got the appreciation award her penal discussion in the course of performance of and shows in Netherland.

Conference Seminar/Symposium: -

College principal member has participated in different conference and seminar at national, international and state level. They have presented papers.

Academic Achievements of the Students

Students of this college have shown high academic achievement. Four students of graduate and post graduate levels got first positions in the Punjabi University Patiala and five students got second position and two students have achieved third position in the Punjabi University.

Sports Achievements: -

Raj Kumar Amrit Kaur, the most prestigious trophy for excellence in sports of Punjabi University, Patiala is awarded to this college for overall Championship in woman section.

College men have achieved Overall third position in Punjabi University sports in 2006-07.

College shows marvelous result in the field of sports and games at University and at college level. Both boys and girls have highly contributed in the field of sports and games four girls got first position in woman wing sports and games at university level on the other hand four boys of this college got first position at university level in male wing. Further four stood second and three men got second position and inter college level after the for woman of this college has clinched the third position.

Woman of this college should excellent results in the field of games and sports. Woman has won 22 gold medals and 6 silver medals at all India inter University championships in different fields.

In the field of man they have won 12 gold and one silver medal at all India inter University 'Championships in different fields,

Conclusion

On the basis of the findings and information's of the present study the following conclusions may be drawn: -

Shaheed Kanshi Ram College of Physical Education, Bhagoo Majra, Kharar District Mohali was established in the year 1976 have done lot of development and contribution in physical education. The college was started with 150 students and the course was awarded as certificate course in physical education. This college produce about 200 physical education teacher every year.

1. College bulding has U- Shap.
2. College has eight rooms, seven laborites and a library having more then 4000 books in physical Education and other allied areas catering to the need of about 350 members [both faculty and students] This college is spread over 26 acres of land have different tracks.
3. ollege has 2 boy's hostels and 2 girl's hostels.
4. There are 18 facility members who deal to teaching learning process and six non- teaching staff member for doing clerical work and seven fourth class members.
5. College show great achievements in different fields like in education, in sports and games and also co-curriculum activities.
6. Dr. Bhupinder Singh is highly skilled person. He has presented paper in different conferences at national and international level. Which were organizing by Punjabi University Patiala, Punjab University Chandigarh, and Lovely Professional University Phagwara and also in Guru Nanak Dev University Amritsar.
7. Different staff member has also participated in different conferences which were held at national and international level.
8. Student of this college have shown very high academic achievements. Many students get first, second and third position at university level.
9. In the field of curricular activities students have participated in various youth festivals and in cultural activities and they have won gold medals, silver medals, in various activities.
10. Student of this college are also participated in NSS campus in various places.
11. Under the auspicious guidance of Dr. Satpal Kaur Kalsi College has made NCC units and 60 cadets are involved in this unit.
12. College has its own magazine under the title 'Parwaaz' for the students to show their hidden talents.

13. College shows marvelous sports achievements. Raj Kumari Amrit Kaur, the most Prestigious trophy for excellence in sports of Punjabi University Patiala is awarded to this institute for overall championship in women section.
14. College men have achieved overall position in Punjabi University sports.
15. Till date 20 students of this college has won gold medal in various events related to sports and games and five students has won silver medals.
16. This college has different courses in Physical education like certificate course in physical education, degree course in physical education and master degree course in physical education.
17. College feels proud that university grant commission has give the permission to start new course for career oriented courses certificate/diploma/advanced diploma in sports management and sports computer training.
18. This college has started with about 150 student and six lecturer at college running with about 360 student and 24 lecturers.

Reference

1. Anderson Nets. The Hobo, Chieago, Cited in Methodology and Technology of Social Research by Wilkison and Bhandarkar, 1923-1977.
2. Bijendra. Dronacharya Professor Karan Singh Eminent Physical Educational and sports. Promoter, A Case Study, 2000.
3. Bosen, Ken O. Track and field Fundamental techniques, Netaji Subhash National Institute of Sports, Patiala, 1973.
4. Charles ID. The case study on V.J. Phillips, Unpublished Thesis, Y.M.C.A College of Physical Education, Madras, University of Madras, 1989.
5. Herman SS. A study of the Life, Professional Career and Contributions to interscholastic Athletes, in Texes of Prince Elime Shotwell, Dissertation Abstracts International 1974-2006; 35:1-26-A
6. Kamlesh ML. Physical Education: Facts and Foundation, P.B. Publication, Faridabad, 1988.
7. Kaul V. Contribution of Punjab Hockey Association at National and International Level. Published Thesis Submitted to Nagpur University, Nagpur, 2002.
8. Lokendra Sherchan. "Contribution of HVP Mandal Amarvati in the Field of Physical Education." Published, Submitted to Nagpur University, Nagpur, 2002.
9. Maxfield FN. The Case Study, Educational Research Bulletin 1930; 9:117-122.
10. Mckeon JA. A Study of the works and contributions of Ernst Herman Arnold to the Profession of Health, Physical Education. Completed Research in Health, Physical Education and Recreation. Vol. 8 Edition 1965-1966.
11. Singh Karamjit. A study of Socio-Psychological characteristics of University Level Individual and Team Athletics. Unpublished Doctoral Thesis, Panjab University, Chandigarh, 1999.
12. Sharma CM. Study on the Contribution of Punjab and Haryana in National and International field of basketball in the Pre Independence Period-Published Thesis, 1980.