Passion in sports: A key towards success

Parmjit Kaur

Abstract
The purpose of this study was to find out the passion in sports: a key towards success. The study has an aim to find out the difference of a Psychological variable i.e: Passion between female baseball and softball players. The investigator had selected Thirty (N=30) female inter-college level baseball and softball players of 19 to 25 years of age as subjects. The result was pertaining to insignificant difference between baseball and softball players on the variable passion. To determine the statistically differences between baseball and softball players, unpaired t-test was employed for data analyses. To test the hypotheses, the level of significance was set at 0.05.

Keywords: Passion, Hypotheses, baseball, softball

Introduction
Passion is a term connected to an exceptionally solid inclination about a man or thing. Passion is a serious feeling convincing, feeling, excitement, or want for something. The term is likewise regularly connected to a vivacious or enthusiastic enthusiasm for, or reverence for, a proposition, cause, or action or love to a sentiment bizarre energy, excitement or convincing feeling, a constructive proclivity or love, towards a subject, thought, individual, or protest. (Vallerand et al., 2003) [3] (Vallerand et al. 2006) [4] and Vallerand and Miquelon (2007) [5], "have offered a calculated investigation of energy toward exercises. Enthusiasm is a solid slant toward an action that individual like, that they find vital and in which they contribute time and vitality.

Procedure: passion
Passion was measured by applying Passion questionnaire developed by Vallerand et al., 2003 [3].

Scoring
The scoring was done for the respective questionnaires according to their manuals.

Findings and Analysis

<table>
<thead>
<tr>
<th>Variable</th>
<th>Baseball Players (N=15)</th>
<th>Softball Players (N=15)</th>
<th>t-value</th>
<th>P-Value Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean</td>
<td>SD</td>
<td>SEM</td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>Passion</td>
<td>91.53</td>
<td>1.46</td>
<td>0.38</td>
<td>91.40</td>
</tr>
</tbody>
</table>

*Significant at 0.05 level

Degree of freedom= 28

Passion
Table-1 presents the results of baseball and softball players with regard to the variable Passion. The descriptive statistics shows the Mean and SD values of baseball players on the variable passion as 91.53 and 1.46 respectively. However, softball players had Mean and SD values as 91.40 and 1.12 respectively. The "p"-value 0.21 as shown in the table above was found statistically insignificant (P>0.05). But while comparing the mean values of both the groups, it has been observed that baseball players have demonstrated better passion than the softball.
References


